

VALLEY CAREGIVER RESOURCE CENTER

A comprehensive program
for people caring for adult
family members and friends

You are not alone.

5363 N. Fresno Street, Fresno, CA 93710
(559) 224-9154 (800) 541-8614



WHO WE ARE

Caring For You, So You Can Care
For Others

Are you caregiving for a spouse, a parent, adult child, or other loved one? We are here to equip you in your caregiver role and assist you in navigating your caregiving journey through one-on-one care planning sessions, support groups, educational classes and more.

WHAT WE DO

Most of our services are free or low-cost and aimed at better equipping you in your caregiver role. You will meet one-on-one with a Family Consultant to determine your needs as a caregiver. The services may be provided virtually due to the Pandemic:

- Family Consultations/Care Planning
- Caregiver Support Groups
- Caregiver Education
- Respite Care
- Specialized Information
- Short-term Counseling
- Legal/Financial Consultation

**Services for those caring for someone 60 or older are only available in various counties where VCRC has the Family Caregiver Support Program.*